

# Rediscovering Sabbath

## Jeremiah 17:19-27

**01**

### Rediscovering Sabbath

- Sabbath Command v.19-23
- Sabbath Consequences v.24-27
- Sabbath Clarity

**02**

### Two important truths

- The Sabbath is a Person
- The Sabbath is a Principle

**03**

Sabbath is a day in which we stop work, enjoy rest, practice delight, and contemplate God.  
-Peter Scazzero

**04**

### The Discipline of Sabbath

- The Discipline of Devotion  
“I love You”
- The Discipline of Dependence  
“I trust You”
- The Discipline of Different  
“I want others to know You”

**05**

We never struggle to give everything else a day.

**06**

Give The Lord His Day.