

JAN 15
2023

Tangling with Temptation

I Corinthians 10:12-13

“Anything that we come to rely on for some blessing, or help, or guidance in the place of a wholehearted reliance on the true and living God.”

- John Piper

“It is anything that absorbs your heart and imagination more than God, anything you seek to give you what only God can give.”

- Tim Keller

01 When tangling with temptation...

1. Don't be Overconfident v.12
- Proverbs 16:18, 1 Corinthians 8:1
Formula for a Fall:

Self-Righteousness (I am good)

+ *Self-Reliance (I can be good)*

Fall

02 When tangling with temptation...

2. Don't be Overwhelmed v.13

Two Truths to Remember:

1. You ARE NOT alone
 - Your temptations are not unique
 - Your God is faithful
 - 1 Thessalonians 5:22-24, Hebrews 2:17-18
2. You ARE able
 - God's will over it (**limitations**)
 - And God's way out of it (**escape**)
 - Is God's way through it (**endure**)

03 Enduring

- i. Know you
- ii. Demand accountability...for yourself
- iii. Rules, rest, and rhythm are ESSENTIAL
- iv. Loving your neighbor does not mean your life is always open to every person
- v. You will NEVER win a battle you are not prepared for
- vi. Fill your life with the things of God

04 I have never met a Christian who regretted resisting temptation.