



# HOW TO PRAY CONSISTENTLY

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**List 5 characteristics of God that you are most thankful for.**

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**List 5 aspects of your spouse's life that you wish to pray for.** (If you are single and in a relationship that could lead to marriage, then list 5 areas of his/her life that need to be strengthened in preparation for marriage. If you are single and not in a relationship, list 5 aspects of living single that you struggle with most (i.e., loneliness, purity, patience, etc.)

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**List 5 aspects of those in your family you wish to pray for.** (i.e your children, grandchildren, nieces, nephews, siblings, etc.)

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**List 5 different friends/neighbors/coworkers you wish to pray for.**

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**List 5 different aspects of your discipleship partner's life you wish to pray for.**

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**List 5 people you know who DO NOT have a relationship with Christ.**

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**List 5 areas of ministry within God's kingdom you wish to pray for.** (i.e. a missionary, your church, Fellowship of Christian Athletes, Campus Crusade, a local soup kitchen, a pastor/minister, etc.)

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**List 5 struggles/pressing decisions/sin tendencies in your own heart that you wish to pray about.**

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**Miscellaneous - Anything else you want to pray for, prayer requests from others, specific needs you want God to meet.**

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**List 5 personal praises that you wish to thank God for.**

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(Now download and print the Monthly Prayer Guide found in the "Resources" tab at livingworthyministries.com, fill it out accordingly, and commit this habit of praying consistently to the Lord.)